

★ Free Career Advice for mature age Australians

The Australian Government's Experience+ Career Advice service offers free telephone appointments with qualified career advisers to Australians who are 45 years or older.

Career Advisers offer two types of appointments: Career Planning or Resume Appraisal.

Career Planning will help the caller identify skills and experience, explore career options and will result in a plan of action.

As part of a Resume Appraisal session, the career adviser will review application letters, resumes or selection criteria.

Users of the service can access one or both types of support.

Career Advisers can also advise if the caller is eligible for further practical help. Those 55 years or over who are finding it difficult to do their current job because it is physically demanding, or have a health condition, may be eligible for additional training and face to face support.

If mature age employees are working with apprentices and trainees, their employer may be eligible for a training grant of A\$4950 to pay for training at the Certificate III or above that will allow the older worker to develop new skills to mentor or supervise an apprentice or trainee.

The Experience+ website is at www.deewr.gov.au/experienceplus